



WEEKLY MENU

This menu is fixed every week.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	• Ritz Crackers • Apple/Banana • 1% Milk	• Cheese Sticks • Apple/Banana • 1% Milk	• Graham Crackers • Apple/Banana • 1% Milk	• Animal Cracker • Apple/Banana • 1% Milk	• Cheerios • Apple/ Banana • 1% Milk
Lunch	• Mac & Cheese • Corn • Khichdi (Steamed lentils & rice dish) • Yogurt • 1% Milk	• Chicken nuggets* • Rice & Kidney Beans (Rajma) • Cucumber/Carrot • Khichdi (Steamed lentils & rice dish) • Yogurt • 1% Milk	• Pasta w/ Tomato Sauce • Garlic Bread • Cucumber/Carrot • Khichdi (Steamed lentils & Rice Dish) • Yogurt • 1% Milk	• Grilled cheese Sandwich • French fries • Khichdi (Steamed lentils & rice dish) • Steamed mixed Vegetables • Yogurt • 1% Milk	• Pizza • Cucumbers/ carrots • Khichdi (Steamed lentils & Rice Dish) • Yogurt • 1% Milk
Afternoon Snack	• Animal crackers • Apple/Banana • 1% Milk	• Custard pudding • Banana slices • 1% Milk	• Goldfish • Apple/ Banana • 1% Milk	• Cheerios • Apple/Banana • 1% Milk	• Graham Crackers • Apple/Banana • 1% Milk
Aftercare Snack (5 pm)	• Graham Crackers	• Cheerios	• Animal Crackers	• Graham Crackers	• Animal Crackers

All our meals are freshly cooked and prepared at Minto's Casa Childcare Center every day.

***Please let the office know if your child is a vegetarian or any other dietary restrictions.**

**** Water is available all day every day.**